

Weekly Action: Make a Vinaigrette!



1/2 tsp salt (or to taste)
1/2 tsp freshly ground pepper
1/4 cup pure maple syrup
1/2 tsp Dijon mustard
1/4 cup wine vinegar
1/2 cup vegetable oil (olive oil is too strong)

Whisk together in a jar by hand or for a creamier dressing, use a Braun hand blender. This dressing is particularly good on tossed green salad (mesclun) with berries and slivered almonds.

If you have completed this weekly action, send photographic evidence to eatlocal@eatlocalcaledon.org to be entered into our weekly prize draw.

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